

# The Lucky One

1998-06-12

- 1998-0612-001 Beloved and holy and only child of our Heavenly Father, Child of the one Source, Child of light divine. That is who you are. I am the one known as Jeshua ben Joseph -- Jesus, you have called me -- and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth.
- 1998-0612-002 **Hi.**
- 1998-0612-003 Hi, an excellent greeting. Remember always to come from the high perspective. High, I like it. Great joy. That is your true nature. The world, the ego will speak to you that it is your job, your nature to suffer, to have the trials, the challenges. But in truth your Father never decreed that you should have to suffer. Your Father knows you to be His holy Child and knows you to be perfect, all joy, unlimited love, unconditional love. Love without any boundary or restriction, and that is how I know you.
- 1998-0612-004 Therefore, when I give you my greeting I come in great joy. I feel, I know, I live in the joy that we are. For indeed, once you have come into the realization that there is nothing more that you must do in order to prove yourself worthy, what is there left to do but to be in great joy, to celebrate that which is, which is you. To celebrate yourself and the experience of life.
- 1998-0612-005 For indeed, you bring forth this experience not to have to suffer through it, not to have to come with great lessons. You bring forth the experience to be quite spontaneous and to enjoy the naturalness of life itself.
- 1998-0612-006 Society will teach you all kinds of "shoulds", all kinds of how you must go in the world and the ego will say to you whenever you perhaps don't fulfill what society has taught you, the ego will say, "Whoops, you messed up there." And then you carry a little tiny piece of baggage and the baggage grows and it grows in this lifetime and all other lifetimes until you feel weighted down.
- 1998-0612-007 **That's why we all have the storage lockers.**
- 1998-0612-008 Yes. Yes, great symbolism in that is there not?
- 1998-0612-009 **Big ones.**
- 1998-0612-010 Yes. Yes, big ones. If you want to know how you are doing. If you want to have a progress report, look at what you are doing in the outer and it will give you a clue. For indeed you are bringing forth much of the material possessions, much of abundance and truly it is.

**1998-06-12 Oakbridge University Channeled by Judith Coates**

- 1998-0612-012 So much so that you have to have larger and larger dwelling places for it. Or if you do not have enough space in the dwelling place, to go to pay someone some money for a large box and you put some of your things into this large box because you just might need it someday.
- 1998-0612-013 In truth it is a progress report that shows you how abundant you are. It shows you how creative you are for you keep creating more and more stuff. You keep attracting to yourself more and more stuff. And the ego will look at that and say, "Well, you should, etc. You should simplify. You should sort it out. Why are you keeping all of this stuff?" And yet it is to show you how creative, how wonderfully creative you are.
- 1998-0612-014 This ego speaks to you. Receive the message and then sit with it and say, "That is the exact opposite," and there you will find your truth.
- 1998-0612-015 Ask to see everything that the ego presents to you in a new perception, new way. "I choose to see this in a new way." Turn it around, examine it. How else could I interpret what is happening? And you will find that there is much of treasure in even what the ego will present unto you.
- 1998-0612-016 Indeed we have spoken often that there is the role of ego. It is to present a message unto you. It is not there as a separate power to trip you up. It is not there as a punishment. It is merely a messenger that gives you information as to how you are viewing something in that time. And then it goes off, collects its next message it needs to give to you. But it goes off and it waits for you to deal with, to interpret, either to accept or to reject what the message has been. To sit with it to see how it resonates. To see if it is truth.
- 1998-0612-017 Indeed the messages of ego, it is your free choice whether to accept or to re-interpret, turn them around and to say, "There is truth in this." For indeed there is truth in the ego's message. That is where you are abiding in that moment.
- 1998-0612-018 But then there is the grand treasure of being able to turn it around a bit and say, "Well if I didn't believe whatever this message is, how would I look upon what is going on? How would I look upon myself? How would I look upon others? What is truly happening here?" And give yourself some space to be the beholder.
- 1998-0612-019 For indeed your world has taught you and you have put it in as a believe that you must react and you must react quickly otherwise you may lose some of your worldly power. And therefore you get yourself caught up into a situation and you feel you must need come about to a certain conclusion very quickly. You must act on it. You must react.
- 1998-0612-020 But in truth if you will allow yourself a deep breath. If you will allow yourself the step back and be the beholder and to ask, "How can I see this anew?" You will find that you stand amidst a great, great garden of beauty. Many options to

**1998-06-12 Oakbridge University Channeled by Judith Coates**

choose from and when you finally do choose to act it will be from a place of great power, true power. Not from the place of the quick reaction.

- 1998-0612-021 So whenever the world, the ego presents to you a certain message, whenever a brother or a sister presents to you a situation, will say unto you something, a statement. You do not have to react. In truth you do not have to react at all. But allow yourself to breathe. How often have we spoken that?
- 1998-0612-022 **A lot of times.**
- 1998-0612-023 Many times, yes. A lot. The deep breath. It is the secret which is not hidden from you that will bring you Home. As simple as that.
- 1998-0612-024 It is the first thing you do when you activate the body as the small infant. It is the last thing you do as you are releasing the body. And while you are activating the body allow yourself to breathe, to breathe deeply and peacefully and to stand in the place of the Most High, the High judgment, the High perspective. To say, "Hi", to yourself, yes. It is a good reminder.
- 1998-0612-025 Well, in this evening, this is a time when you are celebrating much of the academic year, the school year coming to a certain completion, graduations, yes? Milestones.
- 1998-0612-026 Some seemingly visible in others, but all of you are graduating. All of you are moving to the next level of understanding and of remembrance. Therefore it is fitting that in this evening we shall have what is called the final exam.
- 1998-0612-027 **Quite a thing.**
- 1998-0612-028 Yes.
- 1998-0612-029 **Why do I have to take an exam?**
- 1998-0612-030 How would you know if you are graduating if you did not have your final exam, right?
- 1998-0612-031 We have spoken many years now we have spoken in this manner. Many years we have spoken heart to heart. Many lifetimes we have journeyed together and we have spoken of the most important question that you are asking in this day and time, "Who am I?" That is what you are asking and wanting to know and I will ask you in this evening, who are you? Now, don't all speak at once.
- 1998-0612-032 **Such an essay question.**
- 1998-0612-033 It can be a short essay question, yes.
- 1998-0612-034 **Sons and daughters of God.**
- 1998-0612-035 Indeed. Yes. Brothers and sisters, equals. The child, the holy Child of the Father.
- 1998-0612-036 Now, having said that, who, what is the holy Child?

1998-0612-037 **Us.**

1998-0612-038 Yes. And what are you doing here?

1998-0612-039 **Playing....**

1998-0612-040 Yes. Now, how is this applied in everyday life? If you are and I assure you that you are, the holy Child, the extension of the Father. Not separate from the Father so we will not speak of having been created as a separate being, even a separate Isness, but you are an extension of the Father. How do you apply this to the everyday living? Well, first question, do you apply it?

1998-0612-041 **Yes.**

1998-0612-042 Yes.

1998-0612-043 **Unconsciously most of the time.**

1998-0612-044 Yes. Always it is the holy Child in expression, in the adventure. But now you are moving into the place of this graduation that we have spoken of, you are moving into the place of coming to know consciously, "I am my Father's Child. I am living the life of the holy Child upon this plane.

1998-0612-045 Therefore, it behooves you, and you are beginning to do this, to breathe, to take that deep breath that allows you to stand back from something and to ask of yourself, "How would my Father see what is going on? How, would He act in such a situation?"

1998-0612-046 You take what is the truth of you and you bring it into the application of everyday living and it will transform that which you see right in front of you. Now, as you have begun to glimpse the grand power, the freedom that this brings, knowing that you are the extension of the Father, that you are the holy Child in expression and in experience.

1998-0612-047 What do you feel about yourself?

1998-0612-048 **I love myself.**

1998-0612-049 Yes. Yes, and as you will be abiding in love of self, you cannot help but extend love to others. For you know when you have had a good day, you are living in a good day, you get up in the morning and you really feel good about yourself and everything in that day falls into place, even unexpected goodies happen and you say, "Wow. This is really a good day. I feel so happy in this day."

1998-0612-050 You go in that day with a smile upon the face and you bless everyone who is in your presence with that smile, with that good humor. You bless everyone because you are in the energy of love.

1998-0612-051 As you will now claim for yourself that space of knowing that you are the holy Child, perfect from before time began, as you will live in that space of knowing

1998-06-12 Oakbridge University Channeled by Judith Coates

that you are loved, totally loved of the Father, and that you love yourself because He loves you and even more than that because you are that love. What then do you see happening in your life? Does it change?

1998-0612-052 **It becomes that.**

1998-0612-053 Yes, it becomes that. And you see an aura, an aura of love around everything that happens, around everyone.

1998-0612-054 They say that love is blind. You have saying in your world, that love is blind. Truly when you are in love you see with the heart of love. You do not see all of the small imperfections that the world would speak of even the great imperfections that the world would be quite happy to point out.

1998-0612-055 You go with a certain magic in your life. A lightness of step, a lightness of heart and you look upon everything with love. And before you know it, you will be speaking to the brothers, the sister and be saying, "You know, my life has turned around. I'm not quite sure what happened but I'm feeling much happier, much more fulfilled about my life." And they will say, "Well, you don't seem as far as the outer, you are still living in the same place. Your job is the same. Your family circumstances, I guess they are the same," and yet they will notice quite a difference about you for you have come to a certain place of peace in yourself and it radiates. It is a presence that is quite tangible and it will work the miracles in your midst.

1998-0612-056 You are a miracle in the midst are you? You are a wonderful miracle. You are the love walking on the four feet who does not judge, does desire the food, yes. Especially the tuna, as they call it, yes. You are a wonderful miracle.

1998-0612-057 As you will know yourself to be an extension of the Father's love, as you will know yourself to be as this one is, life. Life activating form. You will go with a certain simplicity because you will know the answers. You will know indeed, that all of the voices of the world with its constriction, its challenges, all of its voice of the doubt, judgments. It is as just noisy sound and you do not need to pay attention to it.

1998-0612-058 You will go with the simplicity, you will go with the mind of your own, yes. You will know that you are blessed. As you are claiming now to live in a different space than what the world will speak to you of, you will know that there will be challenges, there will be questions, yes. But you will also know that you are the answer that you seek. That you are the power of the holy Child and that everything that happens is for a most wondrous reason. It is for the reason of the atonement, the reason of the awakening of the holy Child, the reason of making manifest once again heaven even upon this plane.

1998-06-12 Oakbridge University Channeled by Judith Coates

- 1998-0612-059 And when you consider what has troubled you in the past, you will have a touchstone, you will have a place of truth to bring all of those troubles. A place where you may assess, where you may behold, where you may choose a new perception of all of what has troubled you in the past.
- 1998-0612-060 So we will speak in this evening now that you have passed your final exam, for indeed all of you have known the answers as we have spoken. As the question was asked immediately there was the answer that came with the question. You have known. You have passed.
- 1998-0612-061 Now we will consider for awhile what troubles you in the everyday living. You know as a truth that you are the holy Child. You know a certain concept of what the holy Child is. You have even touched the place of experiencing the joy, the freedom, the peace of the holy Child. You have caught glimpses of what it means to go with an innocence and a magic in your life where everything seemed to fall into place, divine place even without your having to think about it.
- 1998-0612-062 But there are other days when you have troubles, considerations and now as you have been coming to that place of the awakening, that place of realization of what it means, truly means to be the holy Child, the extension of the Father alive in this reality. You have certain tools, a touchstone, if you will, a foundation, a basis of truth to come back to that will give you a clue to anything that is troubling you.
- 1998-0612-063 If you are concerned about relationship and all of you have been in that space from time to time. All of you consider relationship, what it means and whether you are happy in a certain relationship. What it should look like. What you desire it to look like and what society has said that relationship should be. And that by the way is changing rapidly because the holy Child is allowing himself/herself a certain new understanding of what relationship is all about.
- 1998-0612-064 But if you are thinking about relationship and if you are troubled in any relationship and this does not mean just with the -- you have a term, I love it: the main squeeze. It does not mean just when you are in relationship with the main squeeze, but any relationship that you have with a brother, a sister, however long or short it can be. Allow yourself again to take that deep breath and to step back and be the beholder and to ask, "What is holy about this situation? I am holy. The other one with whom I am in relationship is also the holy Child of the Father. I love that holy Child." It does not mean that you condone or agree with the choices of that holy Child or the behavior or perhaps the worries, but you love that holy Child. You love the Christ essence of that one. And that loving allows you space to behold whatever is going on in that relationship in a totally new way.

1998-06-12 Oakbridge University Channeled by Judith Coates

- 1998-0612-065 Again, as we have spoken earlier this time, you do not need to instantly react although the world has taught you that you must be very quick to act otherwise it will seem that you give your power away. Your power cannot be given away. Your power, the Christ power is you and you are not under any obligation to react. You will act because the holy Child has decreed within this plane there will be action. Even choosing not to act is action.
- 1998-0612-066 But allow yourself that space to love the holy Child of the one with whom you are in a relationship because it gives you that space to catch a glimpse of the truth of what is going on. As I have said, you do not have to condone or even agree with the choices, the behavior, the works, but you will love the extension of the Father as the Christ energy activating that one's experience.
- 1998-0612-067 If you are troubled by the seeming lack of the golden coins and I know that many of you struggle, truly struggle with this one, again allow yourself the deep breath. Make an assessment of where you have been in the past, in this lifetime and where you are right now. As you will make that assessment you will see that you have a dwelling place. You have a raiment. You have food in this day to sustain you and you have had in the past. Otherwise you would not be activating the body in this time, right? You would have released it.
- 1998-0612-068 But you are activating the body and you are the energy of the holy Child. You are the Father in extension, in expression and in experience. Therefore what you have seen of the past allows you food for knowing that you will be taken care of, abundantly taken care of in what you call your future. It cannot be otherwise.
- 1998-0612-069 Go back to the basic premise. Go back to the basic truth of who am I? If I am the Father in extension -- and I assure you that you are -- I will be always creative. True? Very true. I will always be taken care of. In truth, my by Self -- with a capital "S", Self.
- 1998-0612-070 Therefore when the worries of the world come and assail you, the what if's. What if they? As if they are separate from you, will not allow me x, y, and z. Well you know what you will do. You will be most creative and you will work at it until they -- who are you -- do allow you to do that which you know you are going to do anyway. You are going to do it anyway. That is bottom line. Truth. You are going to do it anyway.
- 1998-0612-071 You are going to live the full life, the happy life, the abundant life. You are doing it right now. Why would you listen to a voice that says perhaps on the morrow or shortly thereafter, it is going to be taken away from you. That is the voice of the world, yes, and that voice will show you where you have been abiding in the past, but then you breathe, you allow yourself that place, that space of beholding and claiming once again the truth of your being. Claiming it in full conscious awareness of "Who am I?" And you will go forward in power.

1998-06-12 Oakbridge University Channeled by Judith Coates

- 1998-0612-072 Anything that you want to see in your life, claim it as the Father would. Do you think the Father says, "Oh my goodness, maybe they won't allow me to do such and such"? The Father is forever outpouring the power, not as the world knows power, but the power of beingness, the power of Isness. The creative power that is unfolding, expanding beyond even any concept that you can hold in this point of focus. A dynamic, expansive, creative Isness and if you are the holy Child of this One -- and I assure you that you are -- you are dynamic, expansive, creative and you for will forever be creating an abundance of something.
- 1998-0612-073 And how you look upon that something that you have created, that is where your freedom of choice comes into play and you may play with it. For life is not meant to be so heavy. You have carried troubles with you throughout countless lifetimes. You know troubles. You have the songs, "Oh what trouble I have been", "Nobody knows the trouble I've been." You have carried with a great, great heaviness all of the baggage of the world. To the place where you have finally said, "There must be another way of living." You have done that in this lifetime. You have come to a certain place in your experience where you have said, "Okay, enough already. I have suffered enough. I have paid enough, now I want to know where's the good stuff." And the reason you have come to that place in this lifetime is because you have come to that place, a grand churning point in what you would see as previous lifetime where you have gone as deeply into density, as deeply into the world belief as ever you will go and you have rebounded out of that. Now you are on the rebound, you are coming up. Yes, you have your times of giving into the what if's of the world. But you also know how to rebound much more quickly.
- 1998-0612-074 That is a great progress report that you gift to yourself. How long do you spend in that place of despair, that place of confusion before you begin to say, "Okay, enough already, I will breathe. I will pray. I will speak to my Father. I will speak to my Father. I will speak to Jeshua. I will speak to my guides, my angels, the masters I know. I anybody out there? I know there must be somebody out there who loves me." And with that deep breath comes a certain peace.
- 1998-0612-075 Yes, in the next moment the ego may speak, "But, what if?" And you may have to breathe again. That is okay. Breathe and breathe and breathe until you have hyperventilated perhaps. But that is okay. There is a certain peace that will come with hyperventilation as well.
- 1998-0612-076 If you have troubles in your place of employment, if it is not the kind of work that you would like to be doing, who says that you have to stay in it? Well you do for a short time anyway until you make peace with it.
- 1998-0612-077 Your place of employment, your place of work, the career that you have chosen, it is a most wonderful gift that you give unto yourself. For if you are in a place, a gathering of brothers and sisters who work with you, it is a grand place for



**1998-06-12      Oakbridge University      Channeled by Judith Coates**

knowing holy relationship and working through all of the issues that come with relationship.

- 1998-0612-078 If you are in a certain place of employment where you are mainly doing a one on one with people, then you have again the opportunity to know holy relationship, one on one with each one that you deal with. You also know grand creativity. You know how to tune in to intuitive wisdom for indeed that is what has brought you to the place of the choice of the type of work that you do. Even in what you see as your retirement, it is work that you do. Joyful work. A freedom of it, but it is work that you do. You are occupied, yes, it is an occupation.
- 1998-0612-079 And if you are not feeling fulfilled with what you are doing, take the deep breath, stand back, behold in truth what you have been doing. All of the relationships, all of the service that you have been giving. Do not let the voice of ego say that it has been merely, however the ego will define it. But look to the bigger picture and then after you have made your peace with understanding the true value of what you have been doing, then if you desire to make change, the creative holy Child is free to make change is she not?
- 1998-0612-080 However you may find that after you have made peace with where you are occupied you may not want to or need to seek another outlet. In truth, as you are abiding in the place of great peace, the place of love, the place that knows that wherever I am, Father, I will serve. You know that you don't have to journey afar. That in truth, where you have been is the perfect place for you to be.
- 1998-0612-081 If you are troubled by the body, if you are troubled by what is called the health issues, again breathe. Allow yourself the space of peace and then ask, "Who am I?" Claim, know, experience the extension of the Father even in this reality, even in physicality.
- 1998-0612-082 Know that there are times when it serves the awakening for the body to seemingly be in disease. There are times ones who choose to be in a place where they need the service of others in order to give opportunity for others to come past constricted heart of appearances and to serve with love.
- 1998-0612-083 We have spoken often that what you do in this reality is a grand dance, a most exquisite dance. A balancing, if you will. You have your scripting before you decided to come together in this collective drama. You passed out all of the scripts and said, "Okay, this is the one I will play in this time and you play this other one. And we will balance each other in energy. There will be times when I will give and there will be times when I need to receive. And there are times when you will give and times when you will ask to receive and we will do the most exquisite dance with each other, with the energy of life."

**1998-06-12 Oakbridge University Channeled by Judith Coates**

- 1998-0612-084 So there are times when ones will allow the appearance of dis-easement of the body so that others can find the open heart of service. Do not be quick to judge with world judgment but look to the higher perspective.
- 1998-0612-085 If the body is speaking to you of constriction, pain, tightness, tension as it is called, breathe and claim the energy of the holy Child. Feel the joy of knowing that you are forever loved. In that instant of knowing complete peace and complete love even if it is only for an instant you will allow the cells of the body to claim a balance, to claim the nourishment of the light of the Christ which you are.
- 1998-0612-086 Claim the love of the Father. Speak to your Father. Ask Him, ask Her as the great Mother to nurture you to hold you in Her arms. To hold you in His arms. To love you. Whatever image brings to you comfort and takes you out of that very specific tight point of focus even for a moment. Remembering to breathe. Remembering to relax. Remembering to claim the love, the great awe and wonderment of what you as the extension of the Father have brought forth as the body. Most wonderful miracle and it serves you as you dictate to it. It serves you perfectly.
- 1998-0612-087 As you will love yourself, as you will abide in that space of knowing the Father's love, that perfection of you, you allow the body to feel a balance. You allow the very cells themselves to do that which they know how to do. To re-energize, to revitalize, to heal if you will, that which has been constricted and diseased.
- 1998-0612-088 Know you why laughter is so healing? You have had ones of the brothers and sisters who have healed themselves of great dis-easement by watching the humorous stories, the movies, the videos you call them and finding themselves caught up in laughter. For when you will lose yourself in laughter, when you will lose yourself in joy the body has a chance to breathe the breath of divine healing. In other words, to claim its holiness which is what then out-pictures as healing. When you are abiding in that space of laughter the body feels loved.
- 1998-0612-089 If you want to heal anything within the body, truly if you want to heal anything that is going on in your life get you the funny videos. Spend time, your precious time in laughter. It will do you much good. Even if you are worrying as a dog will gnaw the bone and you are chewing upon a very tough problem and you get for an hour or so one of your funny videos and you watch it you will find that after you have allowed yourself some laughter you will find that there is a certain new perspective that comes. A freedom, a new understanding where that which you have been wrestling with is not seen to be such a big overwhelming problem. It may still be there yes, but it will not be so big and overwhelming and you will find yourself feeling much lighter about everything that you experience.

- 1998-0612-090 I would say to you that one very important question to ask of yourself when you have a trouble is to ask of yourself most truthfully, do you want this trouble or do you want it to dissolve into nothingness? It is a very good question because sometimes ones quite often ones will say, "I want to be healed of a certain situation. I want to be healed of a certain dis-easement in the body." And yet deep down within they know that there is a certain benefit to struggling, a certain benefit to a condition even if it is only the benefit of familiarity that it is a condition that I have known for a long time and I am familiar with it. And they may be reluctant to let it go because if you do let it go it means change and do you truly want something different? Do you truly want change?
- 1998-0612-091 **Well isn't it true it wouldn't be there in the first place unless you wanted it?**
- 1998-0612-092 That is true. You bring everything into your experience because at a very deep level, not a conscious level all the time. Sometimes it is conscious. Sometimes it is just below the surface, very thin veil below the conscious awareness, but yes, you bring forth everything because you feel that it must be. Not that you desire it because it is -- how can I put this? -- that it is especially a benefit, as you understand benefit to be. Now there is benefit in everything you experience. That is true.
- 1998-0612-093 But it may be, you may bring it to your experience because you have a deep-seated belief that this is how it has to be. This is how life has to be. Relationship has to be struggle. There has to be conflict. There has to be a certain pushing out of the boundaries, the comfort zone. The employment has to be a challenge. It has to be drudgery. It has to be a certain stretching of me. Life has to be a stretching otherwise I don't think I'm alive. With a certain garnering of years there is a certain condition of body that has to be. This is a very deep-seated belief and yet you are pushing that belief, changing it because now you are seeing examples of many of your brothers and sisters in what is the great accumulation of years looking, acting, feeling half of what you would expect according to what has been past belief. According to what that age would dictate.
- 1998-0612-094 **My point is not that I've got a physical problem because I decided I would like to have a physical problem. There is something that I am doing that is attracting this to me. I brought it to myself. Instead it seems to me like instead of concentrating on having my physical symptoms to go away. It seems like I need to work on the reason that I'm attracting them. And I thought it's not always easy. It is obvious what this situation or need that I have that attracts.**
- 1998-0612-095 Now I will say to you that you may spent time however long you want to. It can be lifetimes in fact, wondering what is the reason why I have attracted this to myself? And you do a lot of most wonderful mental gymnastics in analyzing, going

1998-06-12 Oakbridge University Channeled by Judith Coates

back over and that is okay. That is part of the drama that you have said that perhaps you want to experience, that you will experience until you come to a certain place of completion with it, and that is not judgment. That is said as what I have watched and have known myself in experience of human life.

- 1998-0612-096 But what you may find beneficial is to go to what we have spoken of this evening, to go to the truth, the foundation, bottom line premise of who am I? I will not worry about why I have attracted this to myself. The reason may become apparent or they may not become apparent. I don't care. Who am I? And if I am, and I am the Father's child, if I am alive -- and I guess you are, right? Alive yes? Okay. You are life in expression, therefore I have power to be that which I am. And it comes about, this change we are speaking of, this claiming, comes about moment by moment by moment.
- 1998-0612-097 Sometimes there will be a great shifting, dramatic shifting that happens like you have been struck by the angel on high and forever after that everything is all different. But for most of you with the very deep-seated belief in process it is going to be a moment to moment to moment choice and sometimes you will get tired of having to make the choice. Other times you will find yourself in the habitual, the mode of habit, new habit that you have established where you find that you have been abiding in that space of knowing that I am love. I am the beloved of the Father, which you are. My life is divinely ordained. Everything that happens in my life is divinely ordained. How lucky I am. And you find that you go about for an hour, two hours, half a day, maybe even three days before the voice of ego says, "But you know there is that little blemish." And then you say, "Ah, lucky blemish. It gets to travel with me."
- 1998-0612-098 You have ones of your brothers and sisters most wondrous presences they are who go with a certain bump of confidence, a certain bump of luckiness. They know themselves to be God's gift to this plane. They truly know it.
- 1998-0612-099 Now you have some of the brothers and sisters who act that way and they are most pompous and they are most artificial about it, but I'm not speaking of those. I'm speaking of ones who truly know it within themselves and they know that life itself is a great gift and they feel so lucky and everything they do is lucky. Everything they own is the most wonderful. You may look upon it and you may say, "I have seen better." But to them it is the most wonderful, most wonderful raiment, the most wonderful dwelling place, the most wonderful whatever. And they live a charmed life, in their eyes. You may look upon them and say, "Well, I don't know. I don't think that's what I would choose exactly in the outer." But what I am speaking of here is their attitude and their knowing. Most lucky, and you are. Each and everyone of you.
- 1998-0612-100 If you take nothing more from this evening, from this gathering, this speaking that we are doing together. Nothing more than to say and to remember, I am the

**1998-06-12 Oakbridge University Channeled by Judith Coates**

most lucky one. I am loved by Jeshua, I am loved by Jesus, and truly know it. I am loved by the Father. I am loved by life itself. I am most lucky. And if you will live in that space for a day it will transform everything that you do, that you experience in the rest of your days.

1998-0612-101 Now, is that simple enough? Yes. Is it easy? Well it will take some choice. For habitual ego will speak to you but you say, "Not today. Today I am lucky." And in the next day you say, "Today I am lucky as well. My Father doesn't give me just one day of luckiness. I'll betcha I can have two." And claim it.

1998-0612-102 Will you make me a promise? We will have a contract here. You don't have to agree to the contract, but it might be fun to do. Between this time of our speaking and the next time we speak in this manner, will you live everyday in that space of how luck I am? Can you do that? Can you?

1998-0612-103 **I can.**

1998-0612-104 Very good. And you?

1998-0612-105 **I can.**

1998-0612-106 And you?

1998-0612-107 **I think I'll have to remind myself.**

1998-0612-108 Indeed, that is okay.

1998-0612-109 **But I can do it if I start out the day by remembering.**

1998-0612-110 Write for yourself a sign. Put it where you will see it first thing in the morning. Put it upon the clock, I suppose. You look at your clock, I suppose first thing in the morning? Paste it over the top of the clock. "I am lucky. In this day I am lucky." Can you do that.

1998-0612-111 **If I put a reminder up.**

1998-0612-112 Yes. And you.

1998-0612-113 **I try to all the time.**

1998-0612-114 Yes, you do and you lead a charmed life do you not? And others look upon you and they say, "There is something special about him. I'm not quite sure what it is." Well you know what it is. You feel lucky and you are lucky. Can you do that?

1998-0612-115 **I can do it.**

1998-0612-116 Yes. And you, and you.

1998-0612-117 **I don't know.**

1998-0612-118 You don't have to agree. You don't have to agree to the contract if you don't want to. If you want to do it every other day, try that. Would that work?

**1998-06-12 Oakbridge University Channeled by Judith Coates**

1998-0612-119 **Perhaps**

1998-0612-120 Perhaps, well one day.

1998-0612-121 **I'll do it one day.**

1998-0612-122 Very good. For in truth it begins with one day. You cannot live another day until you are there. Okay. One day. We agree, one day. You will wake up in the morning and you will say, "This is the day I am lucky."

1998-0612-123 **The entire day?**

1998-0612-124 The entire day, yes. And no matter what happens in that day you say, This is lucky. That is going to challenge the ego a bit, but that is okay.

1998-0612-125 **There are so many times I go through, I do feel that way but I want to know if I am consistent. Twenty-four hours solid?**

1998-0612-126 Yes, well you can have some time off for sleeping I suppose.

1998-0612-127 **You can say I'm going to be sleeping more....**

1998-0612-128 Yes, how lucky I am, I am sleeping right?

1998-0612-129 **I've always felt like I was lucky in my life. I do have that sense. But sometimes I forget not willing to feel that.**

1998-0612-130 Yes, you have spoken wisely, not willing to feel that. You have spoken wisely.

1998-0612-131 {comments}

1998-0612-132 It is old habit, as simple as that. And it is okay to dwell in that space of not feeling lucky. The Father does not judge. I do not judge. It is part of the drama, part of the human drama, but on the other hand, if you want to lead the charmed life of knowing the holy Child that you are, you can claim to be lucky. And you?

1998-0612-133 **I do it once in a while anyway.**

1998-0612-134 Yes, you do. And you?

1998-0612-135 **Yeah, I usually live that way but the reason I came tonight is because I wasn't feeling that way.**

1998-0612-136 Exactly. And how lucky you are that you are here in this evening. Yes.

1998-0612-137 **That's right. I can do it.**

1998-0612-138 You can do it. And whatever comes up in a day say, "How lucky that is. That must be lucky."

1998-0612-139 **It's lucky that I started feeling bad so I came so I could hear....**

1998-0612-140 Exactly. There you are. You gave yourself motivation to come and to receive all of the hugs, to receive all of the love. To be in laughter. To be in the place of remembrance of who you are. Most lucky.

1998-0612-141 **That's right.**

1998-0612-142 And if you have a day when there seems to be the voice of ego that would say, "But what if? Maybe this isn't quite so lucky." Again say, "What a lucky blemish this is. Lucky blemish. Lucky happening. It is happening in my life. It has to be lucky. I am the lucky one." And you are.

1998-0612-143 If you will grasp just a tiny bit of how loved you are, how wonderful you are, what a miracle it is that you incarnate and activate a body. You will realize just how lucky you are and everything else that troubles you it will be as a small, small thing. It will diminish.

1998-0612-144 **Will that take practice?**

1998-0612-145 Well that is for you to say. Within the belief system of process yes, it takes practice. But you will find that with practice it comes easier and you will find that you live in that space of feeling lucky more and more. It is easy to do more and more.

1998-0612-146 I will give you a great dispensation this evening. I will say to you that I know how lucky you are. Do you accept my words? Do you accept my value of you?

1998-0612-147 **Because of who you are, yes.**

1998-0612-148 Yes. Very good. It is true for all of you. You are the lucky one. How lucky you are. Look at what you are doing even sitting here moving the foot. What a miracle. You are not even thinking about it and you are moving the foot. Most wondrous what you can do. You twitch the eyebrow, you move an eyebrow. Don't even think about it especially. You change all of the facial muscles very easily without even thinking about it. You allow all of the processes of the internal organs to work. You don't have to sit and think about them and they work. Most blessed are you. You are the lucky one.

1998-0612-149 In truth, you are. You are the most wondrous being who has chosen once again to play upon the firmament. To dance as the light that you are, upon the firmament once again. It behooves you not to take yourself so heavily since you are light. Oh lucky one.

1998-0612-150 You may look in your mirror and say to yourself, "Oh lucky one. How lucky you are."

1998-0612-151 **I feel very lucky, very blessed and very grateful but I also struggle with a little ugly behavior that I don't want to partake in. I want to make that shift. I struggle and I get depressed with that little ego I have to listen to....**

1998-0612-152 And to be okay with it. Not to struggle with the ego for that only prolongs. But to be at peace with it and to say, "Okay. I understand the message. I've been

**1998-06-12 Oakbridge University Channeled by Judith Coates**

there many times with this," and you have. Say, "It is okay." Where I am with it, that is okay too. But perhaps I would like to change some of it.

1998-0612-153 **All of it.**

1998-0612-154 Yes, and as you focus upon what you are trying to change that holds you in the reality of it, of the experience of it, as you will say, "Lucky one that I am, I choose to remember now who I am. I choose to remember that no matter even what I do it is most lucky," and to feel okay with it. When you get into judgment of self and into judgment of behavior that holds you in a place, an energy that does not allow it to dissolve, to be released. And it is okay to be in that space.

1998-0612-155 For indeed, as we have spoken in this evening, you bring forth everything as a divine creative creation, if you will, to bring you to the place that we speak of in this evening. That place of acknowledging who am I? I am the Father's beloved. I am life. I am most wondrous. And even that which I do it is most wondrous.

1998-0612-156 As you begin to feel at peace with even the addiction, now this is not what the world will say to you, but as you come to a place of peace with the addiction it will drop away because you no longer need it. You are no longer giving it energy. You are not even looking at it and you may go for a time and then you may say, "You know, that hasn't occurred. Never thought of it."

1998-0612-157 As long as you try to change something by will, as long as you are looking upon something and saying it needs to be changed you are holding yourself in a certain place with it. But as you say to yourself, "I am the lucky one. Even that which I do is divine." Then you give yourself space to breathe. You give yourself space to focus upon the Reality -- with a capital "R" -- of you and it transforms everything that you experience in your life and it brings you home.

1998-0612-158 So even the addictions, how lucky you are that you have them.

1998-0612-159 **In the fantasy sometimes that's what I want to stay out of.**

1998-0612-160 But what is a fantasy? It is another reality. What is this that we do here? It is a fantasy of a sort. For the truth of you is that you are most powerful, most wondrous holy divine being and there is but a small percentage of you that is focusing upon this fantasy. This reality -- with a small "r" -- and yet the ego will constrict, at least give you opportunity to be constricted in a very small point of focus.

1998-0612-161 **You say only a small percentage of ourselves are focused on this reality?**

1998-0612-162 Yes.

1998-0612-163 **Where is the rest? Where am I?....**

1998-0612-164 In this what you see as moment.

1998-0612-165 **In God.**



**1998-06-12      Oakbridge University      Channeled by Judith Coates**

- 1998-0612-166 Yes, exactly. You are God. You are in other universes. You are in other experiences. You are beyond universes. You are beyond concept even. You are as free as light and as expansive as light. Very, very small percentage of you. You see how wondrous you are? You see how lucky you are?
- 1998-0612-167 **I hope I'm more successful in my other lives.**
- 1998-0612-168 Ah, beloved one how lucky you are in this life. Do you see?
- 1998-0612-169 **Yes.**
- 1998-0612-170 Yes. Because there are other extensions of you, other realities of you -- how to put this -- that look upon what you are doing in this life and say how lucky she is in this life, what you are doing. Gnaw upon that one for a moment or two.
- 1998-0612-171 {Laughter}
- 1998-0612-172 **You know, only a small percentage of me is here....**
- 1998-0612-173 Exactly beloved one, only a small percentage of me is beholding the small percentage of me, et cetera.
- 1998-0612-174 **Is it really beholding? If that's true why isn't this part of me able to behold the part that is out there?**
- 1998-0612-175 Where is your belief?
- 1998-0612-176 **Obviously it's here.**
- 1998-0612-177 Yes, and your belief yet says that you cannot behold more of yourself out there, as you have put it, but it is not out there. It is all part of the one mind which is you.
- 1998-0612-178 You are yet held within a certain belief that says, "I am here. I am rather separate. I cannot quite communicate with other energies I know to be around me. Other energies I know to be me. I think I'm moving in that direction. That is where you stand now. It is your belief and it is changing. It doesn't have to change but it is changing.
- 1998-0612-179 I would say that there is much joy in the expansive view of yourself. Therefore I will applaud the changing but it doesn't have to change. There are many of the brothers and sisters who live in the simplicity of this reality, this point of focus and have no concept that there would be other more expansive being of you and they live in great joy in this reality.
- 1998-0612-180 But for you, there is great joy in knowing that you are much more than just this point of focus and that there is what you would call, I will not call it, what you will call a Higher Self of you, an expanded Self of you. Aspects of you, perhaps that behold what you are doing here and applaud what you are doing here and

**1998-06-12 Oakbridge University Channeled by Judith Coates**

when you want to be in communication with more of the expanded Self of you, it is readily available. All you must do is to ask and to trust.

1998-0612-181 **And believe.**

1998-0612-182 Well yes, and believe. You see as you will ask, as you will trust you are shifting the belief system. That is what you are doing with all of the contemplations that you do. You are shifting the belief, a belief which has said that it is going to be rigid and in now way is it rigid. It is forever shifting. It is very much as the hologram as you would see of light that is always dancing, always playing. Even your belief system it is shifting and changing. Most wondrous.

1998-0612-183 **I have a sense of feeling of being incarnated in this human body that when I die I will have a tremendous amount of understanding. Why is it there is such a struggle and such a relief to get on the other side and understand more? I believe when you are on the other side you can't wait to incarnate again through a revolving door. Why is there such a tension filled word here? And almost I can't wait to get to the other side to understand more.**

1998-0612-184 Yes, it is a belief that is held within this point of focus that says I must complete, I must do this process and when I release the body then I will be more free to understand what is going on.

1998-0612-185 It is pure and simple, a belief. There are those parts of you -- I will call them brothers and sisters -- who believe that they can know all even while activating the body. You have called them in your history the masters, the ascended ones and they have known the expanded experience that many say only comes with the releasement of the body.

1998-0612-186 But it is belief that holds you and says that it is something to be waited for. It is also belief that says I can't wait to come back and incarnate again. How do you know that to be true?

1998-0612-187 {comment not clearly recorded}

1998-0612-188 Exactly.

1998-0612-189 There is something that you will experience as better but you need not wait for it. It can be claimed right now. In fact that is what we are speaking of when we speak of the atonement, the realization of the at-one-ment, the awakening even while you are activating the body so that you do not see as a belief that you have to release the body in order to have expanded understanding, expanded wisdom.

1998-0612-190 You are moving to the place where you will know communication with expanded Self. Already you have communication with the angels. Already you have communication with the guides, masters, guardian angels, loved ones who have

**1998-06-12 Oakbridge University Channeled by Judith Coates**

released the body. Already you have communication that you would say that is beyond this physicality. Okay.

1998-0612-191 You are moving to the place where you are going to know expanded Self. You yet, you collectively, yet believe in process that says it has to be gradual. That there will be the changing bit by bit, but you are most wondrous beings even as you are sitting here contemplating all of these concepts. You are already changing the belief. You are already glimpsing saying, "I don't have to wait." that has been a belief that you have held again in what you believe other lifetimes to be.

1998-0612-192 Now I ask of you, did the other lifetimes really happen or is that just a belief in this point of focus? You don't need to answer. Now I'm just throwing something out for you to gnaw upon.

1998-0612-193 **Well is it all happening at once?**

1998-0612-194 Yes.

1998-0612-195 **In my no time.**

1998-0612-196 Exactly, yes. It is all happening within the now.

1998-0612-197 **That is the small percentage of me being here in this moment?**

1998-0612-198 Yes. This is where you point of focus is as what you see your individuality to be right now, right here. But you as the expanded Self, you are having many other experiences as individuality as you divine individuality. You are also having experiences as collective being, as the one that is as the flight of the birds that you have seen your flock of the birds where they will fly with one mind. You are also having the experience of doing that in other reality. Most wondrous.

1998-0612-199 Do you want to get back to incarnate again? Yes, quite often there is that desire. Will you choose to activate a body again? Probably. But you will probably choose to do it in awakened fashion because you will know how it feels to be awakened to know that you are the lucky one. That is what awakened means. Not too difficult.

1998-0612-200 **We leave this body and we want to incarnate again. You are saying we want to do it in an enlightened way. Do we always move toward more enlightenment or do we choose a more enlightened time and then we go back and try a less enlightened time and fall asleep another time? Is it kind of like? I guess if there is no time there is no linearity.**

1998-0612-201 Exactly. You have a belief in this point of focus in linear experience, linear history that says there is a evolution from one point to another point. But in truth all of the experience of the holy Child within time is as a sphere. You will join one point of experience with another point within that sphere by the line which gives proof to linear belief.

**1998-06-12      Oakbridge University      Channeled by Judith Coates**

- 1998-0612-202 **It sounds like we are controlled by that. We are controlled by the collective belief in process. That we can't break out of that box.**
- 1998-0612-203 **It has been thus in what you would see as your past linear belief, yes. But you are moving out of that box. You even have the saying in this day and time and most wondrous your language is, "To think out of the box." Most wondrous your language.**
- 1998-0612-204 **Remember to claim, remember the contract that we have spoken of in this evening. I am the lucky one. In this day I am the lucky one. Everything that happens is lucky. Lucky blemish. It gets to journey with me in this day. Luck occurrence. It has to be lucky for I am lucky in this day. I will look upon it with lucky eyes. That is our contract.**
- 1998-0612-205 **As you will live in that place of claiming how lucky you are, you are living in the awakened realization of who you are. It is as simple as that. Oh lucky one.**
- 1998-0612-206 **So be it.**